



Wednesday 21st June 2017

Dear Parents & Carers

'Nut Free Zone'- We need your assistance!

As we have several children in school who suffer from a severe nut allergy please could I take this opportunity to remind everyone that our school is a "Nut Free Zone". Those children, if they come in contact with a nut product, can suffer life threatening consequences. A child with a nut allergy does not have to eat nuts themselves to react it sometimes only needs to be a touch from someone who has eaten them for them to react. **I cannot stress how important it is for everyone to adhere to this.**

This means that the following items cannot be brought into school;

- Packs of nuts / any nuts
- Peanut butter sandwiches
- Fruit and cereal bars that contain nuts
- Chocolate bars or sweets that contain nuts
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Cakes made with nuts
- Nutella
- Chocolates
- Baklava
- Nougat
- Biscuits (Check all biscuit labels and if you are not sure please leave it out).

No products that have written on them 'May contain traces of nuts'.

To help parents identify potential risks, some products may contain the following/similar wording;

Contains: The allergen is an ingredient in the product and is therefore deliberately present.

Made in a factory handling / made on the same line as previously produced etc: This is used to indicate the presence of the allergen indicated in the manufacturing environments. There are no guidelines as to the use of such statements and the level of actual risk they represent.

May Contain / May Contain Traces: This is used where it is believed there is a risk that the allergen identified may have unintentionally contaminated the product. This could be due to (for example) the allergen being used on the site and cleaning not deemed to be sufficient to remove all traces. May contain is the statement recommended by the FSA due to its clarity of message.

Does Not Contain: This indicates that the product does not intentionally contain the allergen, i.e., it is not in the recipe. Unless otherwise stated, it does not make any reference to the potential for cross contamination.

Free From: This indicates that a product does not intentionally contain the allergen, and that the risk of any cross contamination is absent or has been rigorously controlled.

Actions by School Staff:

- Staff will continue to monitor packed lunches at lunchtime as much as possible.
- Staff will encourage children NOT to share food.
- Students will be encouraged to wash hands after eating.
- Staff will participate in appropriate training to understand and deal with Anaphylaxis (Severe allergic reactions)

Please help us in providing a nut free school, minimising the risk for children as much as possible and assisting those parents who have children who may have a life threatening reaction.

If your child has a nut allergy could you please inform the school and their teacher as soon as possible so that we can ensure your child does not come into contact with any triggers.

Yours faithfully

Mr W Jones
Executive Head Teacher